

## DUBAI HOUSEHOLD HEALTH SURVEY 2009 PRELIMINARY SUMMARY OF RESULTS RELATED TO SMOKING

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## Background

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This document summarizes key results from the Smoking -Risk Factor and Preventative Health Behaviors' section of the Dubai Household Health Survey 2009 (DHHS) and is one of a series of analytical summaries and policy notes published by the Dubai Health Authority using data from the Dubai Household Health Survey.

**About the Dubai Health Authority.** The Dubai Health Authority (DHA) was created in June 2007 by His Highness Sheikh Mohammad Bin Rashid Al Maktoum, UAE Vice President, Prime Minister and Ruler of Dubai. As the strategic health authority for the Emirate of Dubai, the DHA is empowered to set policies and strategies for health in the Emirate and to assure the application of those policies and strategies. His Excellency Qadhi Saeed Al Murooshid is Director General of the Dubai Health Authority.

**About the Dubai Household Health Survey.** The Dubai Household Health Survey (DHHS) is the largest and most comprehensive survey of health and healthcare issues ever carried out in the Emirate of Dubai. The survey, which was conducted in 2009, provides a statistically accurate and representative picture of key health and healthcare variables across all of Dubai's diverse population including nationalities, ages and income groups. Surveyors randomly selected 5,000 households across the Emirate of Dubai – 2,500 of them UAE Nationals – and visited them personally to obtain detailed information on issues from household health expenditure and access to health services to exercise levels, dietary habits, lifestyle diseases and use of medicines. The survey – which had a response rate of 98 percent – also included questions on injuries, mental health and physical capabilities and a detailed module on people's use of and satisfaction with public and private health services in the Emirate. The Survey was designed and led by DHA's Policy and Strategy Department – drawing on in-house expertise from senior staff with experience at the World Health Organization, the World Bank and the Population Council – and was implemented in close collaboration with the Dubai Statistics Center. The design and methodology of the survey were adapted from those used in the World Bank's Living Standards Measurement Surveys (LSMS), the World Health Organization's World Health Surveys (WHS) and the US Centers for Disease Control's National Health Interview Surveys (NHIS).

## Introduction

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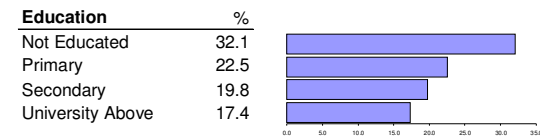
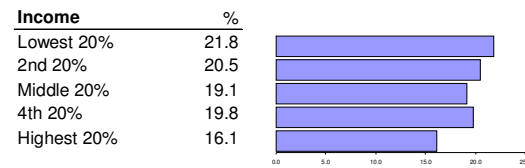
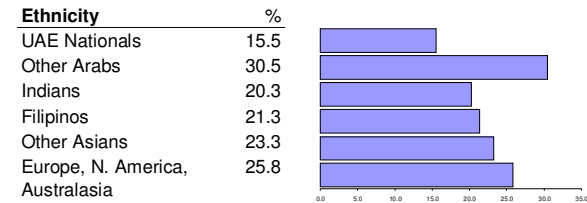
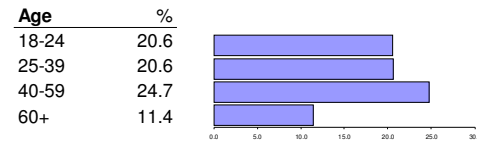
This document summarizes descriptive statistics on smoking in the Emirate of Dubai from the Dubai Household Health Survey. Respondents were asked the following questions:

- “Have you ever used tobacco products such as smoking cigarettes or shisha or used smokeless tobacco?”
- “Do you currently smoke, sniff or chew any of the tobacco products?”
- “For how long have you been smoking or using tobacco daily?”
- “On average how many of the tobacco products do you smoke or use each day/week?”
- “In the past have you ever used tobacco products such as smoking cigarettes or shisha or using smokeless tobacco on a daily basis?”
- “How old were you when you started smoking or using tobacco daily?”
- “How old were you when you stopped smoking or using tobacco daily?”
- “Do you happen to stay in places where other individuals are smoking?”
- “How many hours per day do you typically spend in places where others are smoking?”
- “Where does that happen?”

Data were analyzed for the whole population (Table 1) and specifically for UAE Nationals (Table 2).

**Table 1. Who in Dubai are smokers?**

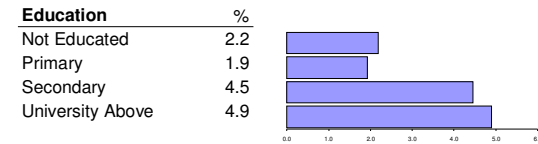
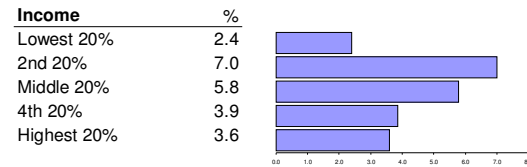
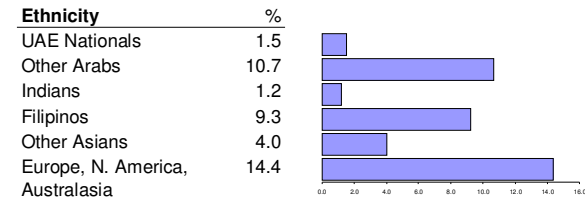
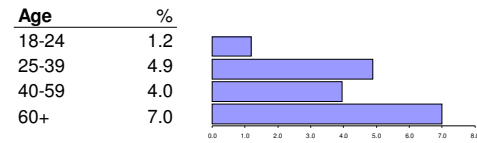
Men	%
Yes, daily	18.1%
Yes, but not daily	3.3%
<b>Total</b>	<b>21.4%</b>



**Table 1 continued. Who in Dubai are smokers?**

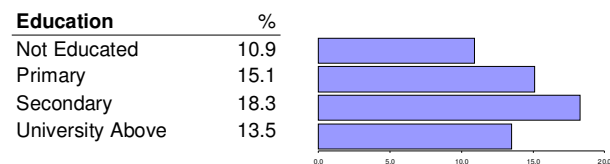
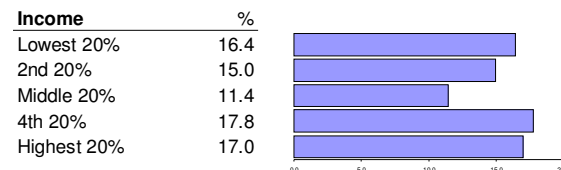
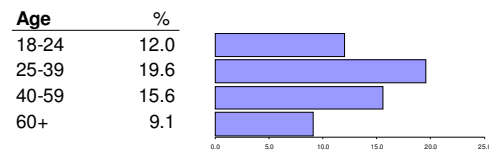
These tables and charts continue results from the previous page.

Women	%
Yes, daily	3.4%
Yes, but not daily	1.0%
<b>Total</b>	<b>4.4%</b>



**Table 2. Who among UAE Nationals are smokers?**

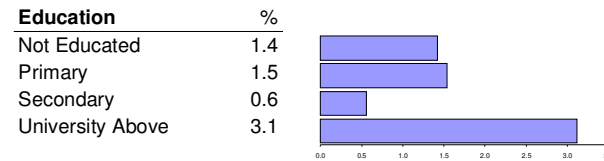
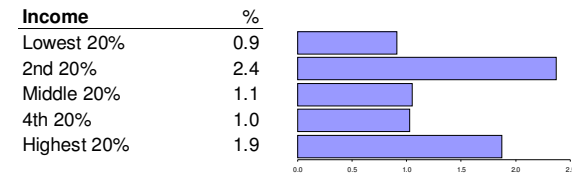
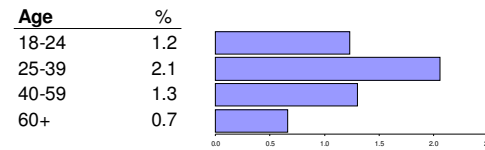
Men	%
Yes, daily	11.4%
Yes, but not daily	4.1%
<b>Total</b>	<b>15.5%</b>



**Table 2 continued. Who among UAE Nationals are smokers?**

These tables and charts continue results from the previous page.

Women	%
Yes, daily	0.7%
Yes, but not daily	0.8%
<b>Total</b>	<b>1.5%</b>



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For citations or references: Dubai Household Health Survey, Preliminary Summary of Results on Exercise and Physical Activity; Policy and Strategy Department, Dubai Health Authority, 2010